



Money-back guarantee\*

# TOTAL TRANSFORMATION, LASTING RESULTS

With FitterFly Diabetes Prime: A **12 month** advanced diabetes care program with **instant blood sugar insights**



AWARD-WINNING TECHNOLOGY



RECOMMENDED BY DOCTORS



20000+ HAPPY MEMBERS

Funded by

amazon

smbhav



firesideventures



VentureCatalysts  
India's 1<sup>st</sup> Integrated Incubator



9UNICORNS

4point0  
Health Ventures

THE TIMES OF INDIA

Entrepreneur  
AWARDS 2021

ET THE ECONOMIC TIMES

hindustantimes

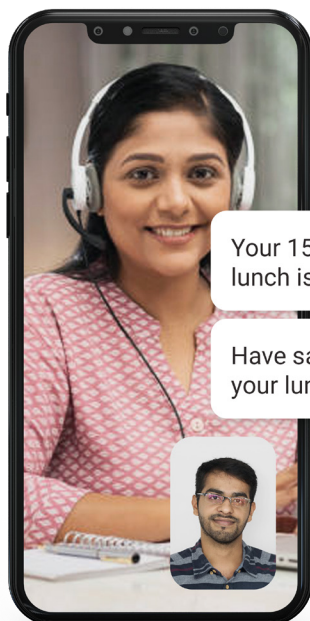
022-48971077

care@fitterfly.com

www.fitterfly.com

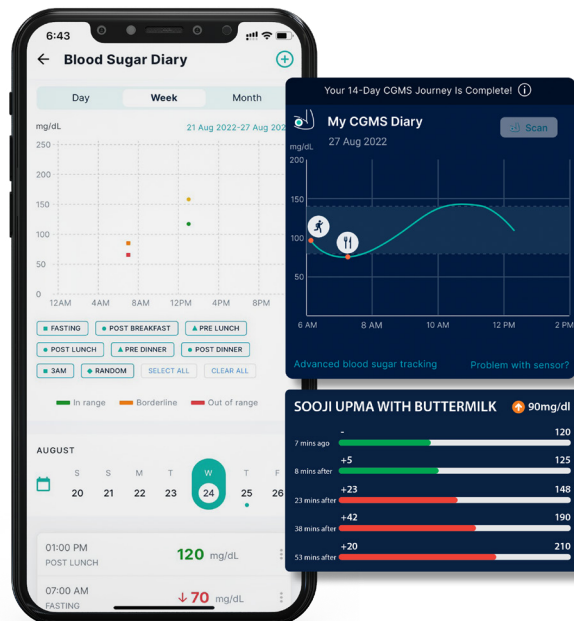
\*T&C apply

# ALL THAT YOU EVER NEED TO PREVENT, MANAGE OR REVERSE DIABETES



Your 15 min walk post lunch is working!

Have salad 15 min before your lunch and dinner

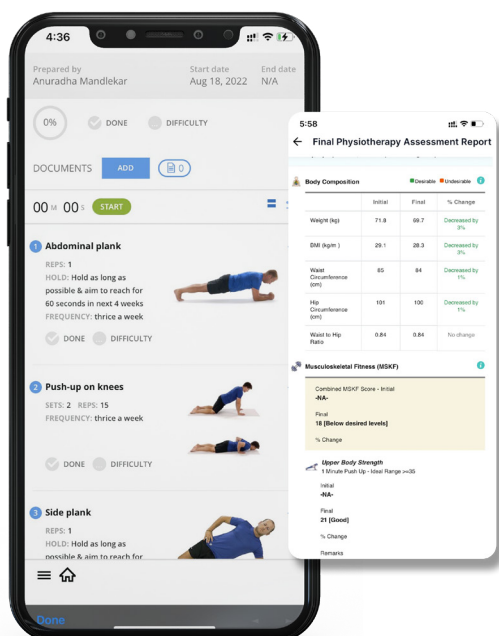


## Get results with small steps

Build habits that you can follow for life with expert guidance.

## Relive the joy of eating

See the effects of foods on your blood sugar, instantly, make small and smart adjustments.



## Exercise effectively

Get uniquely designed exercise plans that increase your body's sugar burning capabilities.



Mr. Rao, let us use grounding and breathing exercises to calm down your anxiety and reduce your stress levels

Looks like your emotions are affecting your diet, let's work on them!

## Beat stress, sleep better

Get expert guidance to manage stress and improve sleep quality with proven techniques.

## WITH THE 12-MONTH PROGRAM, YOU GET

Inclusions	Worth
1 Libre Freestyle CGM sensor	₹4,999
Accu-Chek Instant with 35 strips	₹2,000
<b>Nutrition:</b> Unlimited consultations + Personalised Diet Plans	₹16,000
<b>Fitness:</b> 10 Consultations + Personalised Plans	₹6000
<b>Stress &amp; Sleep:</b> 10 Consultations	₹8,000
Comprehensive (50+) lab tests including blood sugar, lipid profile, liver and kidney function	₹3,000
Access to group classes & live expert sessions	
Structured video course by experts	
App & community access	
<b>Actual program cost</b>	<del>₹39,999</del>

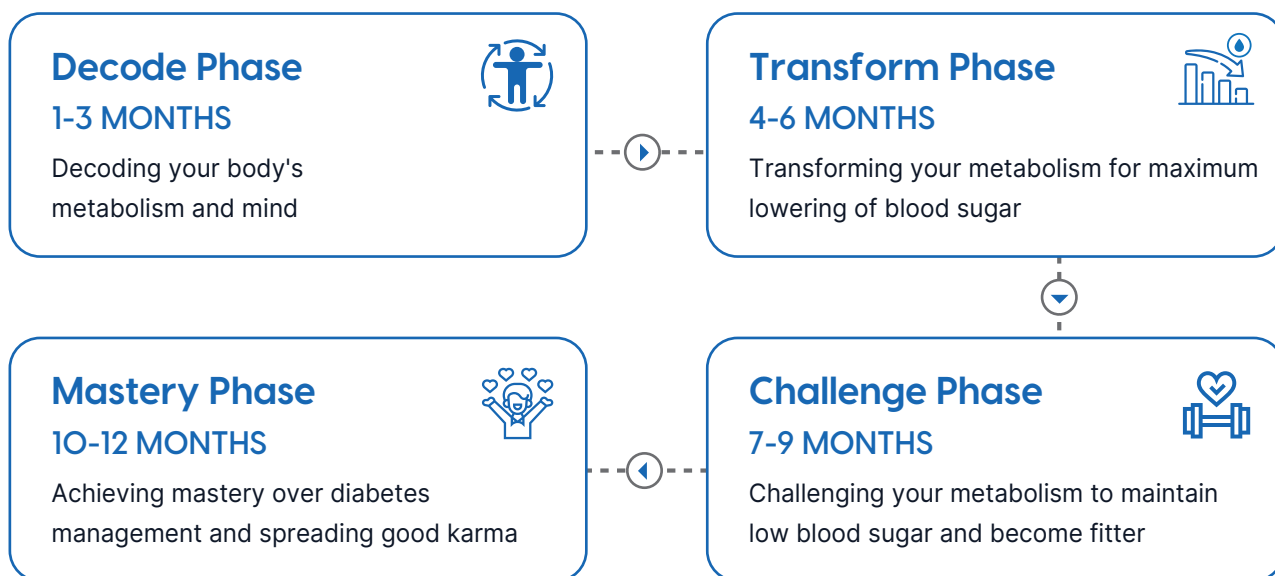
\*CGM Reader not included

**Special launch price**

**₹19,999**

# HERE'S HOW YOU'LL ACHIEVE YOUR GOALS

## 12-MONTH FITTERFLY DIABETES PRIME JOURNEY



## PROGRAM BENEFITS



Reduce diabetes medicines



Achieve total blood sugar control



Add years to life and improve life quality, significantly



Improve overall physical fitness & mental wellness



Reduce risk of complications & damage to major organs associated with prolonged diabetes

## OUR 3-MONTH OUTCOMES IN 2021-22



**1.96 points**

Avg. HbA1c  
reduction



**5 kg**

Avg.  
weight loss



**40%**

Improvement  
in physical fitness



**24%**

Reduction in  
diabetes distress

## RESEARCH AND OUTCOMES PRESENTED AT



# WANT TO KNOW MORE?

☎ 022-48971077

✉ [care@fitterfly.com](mailto:care@fitterfly.com)

🌐 [www.fitterfly.com](http://www.fitterfly.com)



**Scan to check**  
if you can reduce or stop  
diabetes medicines

